Skoll the wolf who shall scare the Moon Till he flies to the Wood-of-Woe: Hati the wolf. Hridvitnir's kin, Who shall pursue the Sun.

--The Grimnismal, of the Eldar Edda

Chapter 1: A Day with Two Dawns and Midnight at Noon

It's not even lunch yet when something takes a bite out of the Sun. It's only a tiny notch at first, all but invisible without my cardboard eclipse glasses. Were it not for the shouts from the crowd around me on this August day, I never would have noticed. But now that I'm watching I can see the bite grow bigger. The bite is the edge of our unseen Moon; the Sun is being eclipsed.

It is no coincidence that cultures from all over the world witnessed this sight with some degree of dismay. The Greek origin of the word *eclipse* is *ekleipsis* meaning "omission" or "abandonment." Ancient Chinese eclipse accounts contain the characters for "ugly" and "abnormal." For the Aztec, the eclipsed Sun "faltered" and became "restless" and "troubled."¹ These reactions make perfect sense when you consider that the Sun is the giver of heat and life. When the Sun goes away without warning, it leaves behind the fear that it might not come back.

It takes forty minutes for the dark notch to grow so big that the Sun is now a crescent. I take off my glasses and see that in the shadow of the tree under which I've taken refuge from the heat, that same shape has become visible by the thousands. Every tiny gap in the leaves overhead acts as a *camera obscura*, a "pinhole camera" projecting a bright fingernail of light on

the ground. Nearby children have spotted them too and begin to yell and giggle as they point and play amongst the tiny crescents. Had I not known what was happening before, this oddity would certainly have revealed the eclipse in progress above.

An hour has passed since this all began: only twenty minutes left until totality. The lifegiving nature of the Sun is no longer an abstract concept: the sky is growing darker and colors are strangely wrong. The landscape is sapped of saturation. The worlds are aligning.

With ten minutes left, the conditions are changing fast. The world has turned to twilight. The shadows of trees and me are sharp as if lit by a single spotlight. All illumination now comes, not from a yellow Sun set amid a bright blue sky, but from only a narrow white crescent in a sky no longer bright.

I put my glasses back on for these final moments of the partial phase and can actually see the remaining crescent shrink as I watch. The crowd rises. Conversations hush and I notice for the first time that all birdsong has ceased; they have returned to their nests to sleep in the unexpected night. An unseasonably cool wind blows across my arm as the temperature drops this far into the lunar shadow and the eclipse officially becomes a multisensory experience of sight, sound, and touch. So little of the Sun is left that surely totality should begin at any second, but I can't tear my eyes away to look at my watch. Even the passage of time seems affected as these last few seconds seem to expand rather than diminish.

Suddenly, the Sun's thin sickle of light breaks apart into an array of brilliant specks that dance and shimmer along the Moon's jet-black rim. They are called Baily's Beads and they are the last rays of the vanishing Sun streaming through actual mountain valleys along the curved lunar surface. I finally remove my protective glasses to see them quickly wink away until there

is only a single glistening star set in a band of white fire encircling the Moon: the glorious diamond ring.

And then the spot collapses upon itself and is gone.

Totality.

Where before there was light and heat, now there is only a cold, black hole in the sky surrounded by a ghostly crown. The corona, a ring of pearly tendrils, envelopes the darkness and stretches off into the sky in all directions. It is unimaginably beautiful, only ever visible during these few precious minutes of totality, and all around it are the brighter stars and planets invisible until now. It is a day that has become night at noon with Sun, Moon, planets, and stars overhead.

As an astronomer I know the mechanics of this celestial alignment, yet in this moment of totality I fully understand the difference between knowledge and feeling. The hair is raised on the back of my neck and my mind screams at the wrongness of what I am seeing. It is clear to me now why people throughout time did what they did to scare away the demons, chase away the jaguars, and slay the monsters they imagined devouring the Sun. The French astronomer and historian Jean-Pierre Verdet, has found this fear-fueled call to action was universal.²



The three types of eclipses: Solar eclipses occur when the Moon passes between Earth and Sun, while lunar eclipses occur when the Moon enters the Earth's shadow (image by the author).

But there has always been a purpose to this pandemonium. In Paraguay and Argentina, the roar of the crowds and barking dogs frightened the celestial jaguar that ate the Sun. Norsemen yelled to frighten away Loki's demon dogs sent to hunt and feed upon the Sun and Moon. The Ojibwe of North America sought to help the beleaguered Sun by firing flaming arrows to help him regain his light. In India the people banged pots and pans to frighten Rahu, an immortal head who chased and ate both Sun and Moon.³ If they were loud enough then Rahu would be startled, and drop the Sun from his jaws: totality would be averted and the eclipse would be only partial. For the Aztec, however, matters were more serious, where, "the common folk raised a cry, lifting their voices, making a great din, calling out, shrieking... People of light complexion were slain [as sacrifices]; captives were killed."⁴

Fortunately for any fair-skinned Aztecs, total solar eclipses for any one location are rare. Though eclipses happen roughly twice each year, each follows a different path across the planet. Every 18 years these patterns repeat in shape, but one third of the way around the planet and a little farther north or south than the one before. As seen from a location high above the globe these paths slowly spiral around the planet from pole to pole until eventually any spot on Earth can expect to see totality every 375 years on average.⁵ Though three centuries is long in human terms, the different paths do cross, and a single person in a fixed location may periodically see multiple eclipses in as little as half a dozen years. For cultures that looked to the sky for omens, where every new star, comet, or eclipse could be the sign of the end-times, imagine what seeing two total eclipses in one lifetime would have meant?

A thousand years ago, in what would become the American Southwest, Chaco Canyon was the ceremonial center of the Ancient Puebloan people (who used to be called the Anasazi). There, on the side of a massive boulder is a pictograph unlike any other; one that may be a record of the total solar eclipse of July 11, 1097 that was one of *three* solar eclipses (two total and one annular) visible there over 58 years at the height of their culture.⁶ It features a large circle pecked into the yellow sandstone surrounded by strange looping tendrils similar to the appearance of the solar corona, including an eruption of hot gas (called a coronal mass ejection) and Venus just where it would have been visible in the sky to the upper left.⁷

Imagine the effect such an apparition would have had for a sun-watching people at the heart of their ceremonial society during a decade of extreme drought when the climate was changing for the worse. For a people in the midst of extreme cultural and environmental crises, might such an eclipse have been yet another contributing factor in what made the Chacoans

eventually wall up their monumental "Great Houses," set them aflame, and ultimately abandon the canyon a thousand years ago?⁸

Even today, eclipses play on our fears. The American anthropologist, Ward Keeler, describes the event of June 11, 1983, when a total solar eclipse swept across Indonesia.

[T]he air became very still and Java's lush vegetation glowed in the eerie light characteristic of sunset in the tropics. As at sunset, too, the horizon turned red, but it did so not only in the west but in all directions, and in the half-light distant volcanoes usually obscured by the glare of the Sun became visible. For the four minutes of total eclipse, the Sun, almost directly overhead, looked like a black ball surrounded by a brilliant white light. Most eerily of all, in one of the most densely populated rural areas in the world, there was no traffic on the roads, no movement in towns or villages, and no one watching the eclipse.⁹

For weeks prior to the event, newspapers, radios, and TVs had gone to great length to warn people about the event for fear that people would damage their eyes. Posters were prominently displayed in villages across the country bearing the message that watching the eclipse would cause you to go blind and were so effective that:

[N]o one dared even to look outside, let alone look at the sky, for a period of about three hours before and after as well as during the eclipse. People stayed inside

their houses, some watching the eclipse on television, others lying in bed, all thoroughly intimidated by what had come to be known as the Sun's "sharp rays."¹⁰

I know that fear first hand. The last total solar eclipse to touch the continental United States did so in Portland, Oregon on February 26, 1979. I was a boy, only nine years old then. In my fourth grade class we made clay medallions of the upcoming eclipse. While others painted black circles with yellow crescents in representation of the partial phase, I had found library books showing the corona and so carefully painted the billowing white ring around the central black hole. Yet on the morning of the eclipse, my school canceled classes and rather than go out and see the sight for myself I hid indoors with the curtains drawn. Local TV and radio stations had been inundated with the exact same messages of fear that would later be broadcast all over Indonesia. I hid indoors, terrified of the same mysterious rays with the power to make me go blind if I so much as got a glimpse of the eclipsed Sun.

Today I know that there are no special rays, sharp or otherwise. The Sun is just as bright on any ordinary average day as it is on the day of an eclipse. It is therefore only during the partial phase that the Sun is still bright enough that staring at it for even a couple seconds can cause permanent damage to the retina (just as it will do on any other day). For this reason, it is only during the partial phase that eclipse glasses are even necessary; when totality comes the Sun's light is as safe as it is awesome. Yet, in our zeal to be "safe" we flood the airwaves with our fears, never with our hopes. That is why, to this day, my first eclipse memory is of watching the events unfold on my RCA color TV (snapping photos off the screen with my plastic drugstore camera). My only direct experience of the event itself was noticing how dark the

house became as totality passed unseen overhead. It would be thirty-eight years before a total solar eclipse would touch this country again and I have spent every one of those years wishing I'd turned around, gone to the window, parted the curtains, and simply looked up.

My career as an astronomer has taken me around the world since then, partly in pursuit of exactly that which I so narrowly missed when I was nine. Yet though I have seen multiple solar eclipses since, I will never be able to see the one that I missed that day. Every eclipse is different. The shape of the corona, the streamers and jets that are such a startling phenomenon of totality, is dependent on the conditions on the Sun at just that moment, and its exact shape is unknown until the instant of totality.

Astrological records of ancient eclipses in China claimed that while solar eclipses were a reflection of the quality of the king, the corona's appearance revealed the political plots at work behind the throne:

(If the king) does not share his fortune with his subjects, the condition is called unstable. Then there will be a total eclipse with Sun being black and its light shooting outward.... If there are two ear-rings beside the Sun during eclipse while in the east, west, south, and north corners there are white clouds shooting outward, then the whole country will be in war.¹¹

The search for meaning in celestial events is the purview of astrology. A comet appears in the sky? The king will be overthrown. A supernova (a new star) appears in the constellation of Leo? A new king will be born. The Sun is eclipsed? The king is wicked. When even I, a steelyeyed science-type, am moved to awe by such a rare and beautiful phenomenon, it makes sense to want to associate it with something of great importance.

It therefore follows naturally that if eclipses record momentous events, then a momentous event must require an eclipse. Both Ragnarok and the Rapture (as well as the Crucifixion in the gospels) are accompanied by the Sun turning black, often interpreted as total eclipses. Only slightly less momentous, to anyone not from Boston at least, is the fact that the Red Sox broke their 85-year long World Series curse only during the final moments of the total lunar eclipse of October 2004. At those moments when the Moon passes into the shadow of the Earth it takes on the reddish color of sunlight filtering through the Earth's atmosphere. Astrologers call it a "blood moon" for obvious reasons. Perhaps the Red Sox could only win by the light of a red Moon?

If eclipses were harbingers of end-times (at least for Yankees fans) then to call on one was a sign of one's power with the gods. In 1504, Christopher Columbus was in the midst of his fourth and final voyage to the New World when he became shipwrecked on the north shore of Jamaica. Even under the best of times, Columbus was a terrible administrator (he had already been removed as Governor of the Indies) so as the days turned to weeks on the beach, Columbus' crew grew tired and mutinied. They plundered the homes of the Jamaicans who had helped them and, in return, the locals revolted and attacked the stranded Europeans.

Caught between mutiny and rebellion, Columbus consulted the astronomical tables he used for navigation. In them he found that three days later, on the evening of February 29th there would be a total lunar eclipse. That night, Columbus told the local chieftains that God was angry at their rebellion and would make His displeasure known by causing the Moon to be

"inflamed with wrath." When the Moon rose after sunset a dark shadow began to spread across its face. When the eclipse became total and the Moon turned red, the Jamaicans pleaded with Columbus to make it stop. Columbus went to his cabin claiming he would pray on their behalf, but in reality he went there to keep watch on his hour-glass. In addition to the date of the eclipse, his almanac had also revealed that totality would last for 48 minutes.

As the sand ran down and the time finally approached, Columbus stepped outside once more. God had answered his prayers, he said. He would forgive their rebellion provided they once more brought food for his men, and in the midst of the Jamaicans relief, the blood-red color drained from the face of the Moon and totality ended.

A little over three hundred years later another European thought he'd try the same trick. A doctor on the plains of the Dakota Territory in 1869 knew from his almanac that a total solar eclipse was about to occur. Eager to impress upon the Sioux the power of the White Man's magic and healing arts, he told them of the exact date and time that the eclipse would occur until he saw fit to have it stop.

When totality occurred, rather than cower in fear the men raised their rifles and fired into the air. When the Sun came out again they calmly stated that, "The doctor could predict the eclipse, but they could drive it away...."¹²

That eclipses can be predicted years in advance and all over the globe (and that people have done so for over a thousand years before modern computers) is amazing. Wish to see a total solar eclipse? Modern astronomy can now tell you the location and time of any future eclipse down to the mile and the second. More importantly, the proof of whether or not we are correct will be waiting for you when you get there: either you see the corona or you don't. If

you don't, then we learn we didn't understand the world as well as we thought and we seek to correct what we failed to get right. This is the power of science and the process by which we have learned everything we know about the physical Universe in which we live.

Astrology also makes predictions. Astrologers claim that the position of the Sun, Moon, and planets at the time of your birth influences your personality and fate. It identifies auspicious dates, opportune investments, and compatible mates. The one thing it does not do, however, is re-evaluate its assumptions when it's wrong - the defining characteristic of science. Yet in a 2014 National Science Foundation survey, nearly half of all Americans (45%) responded that they believed there was some scientific basis to astrology. Imagine my disquiet when during my most recent trip to the doctor the nurse drawing my blood looked at my paperwork and said with a smile, "Oh hey, you're a Scorpio too!"

The primal appeal of pseudo-sciences like astrology is understandable. Life is full of dangers and misfortune that plague us at random. Astrology gives us hope that there is a cosmic reason, a connection with the Sun, Moon, and stars, which gives order to the apparent chaos we encounter. Yet the science of astronomy reveals a far more direct way in which the heavens guide our lives on a daily basis.

The Sun gives us light, heat and food: those organisms that don't feed directly on sunlight, feed on other organisms that do. Our everyday concepts of position, direction, and time intimately depend upon astronomy. What is a "day" but the rotation of our planet? A "year" measures its orbital motion about the Sun. Even the orbit of the Moon is marked in the period of time we call a "month." Imagine every task, chore, rite, or celebration that happens on an annual basis and you will find a need for some astronomer in our past. Could civilization

have arisen without astronomy? Might we all be the descendents of astronomers? Is there any evidence for where astronomy began?

Let's imagine a family tree of our distant ancestors. Four million years ago, our small *Australopithecus* ancestor first stood erect out on the African savanna. As the American astronomer Neil deGrasse Tyson has said, "Once we were standing upright, our eyes were no longer fixated on the ground." Out, away from the cover of trees, the night sky was more vivid than almost any sky current humans can see. We are not the only beings on this planet who have noticed the stars and Milky Way. Sea turtles, birds, and dung beetles all make use of the stars and Milky Way for navigating. We wouldn't call them astronomers. Use alone isn't science.

By 2.5 million years ago, our *Homo habilis* ancestors were following animal herds in their annual migrations. Evidence exists for seasonal camps during their travels. Did they plan them by noting the passing of the seasons with the changing Sun and stars in the sky, or did they merely set up new camps as they kept close to the animals upon which they depended? Lions follow herds, but they aren't scientists.

A million years later our *Homo erectus* forebears mastered fire which for the first time, extended the day's work into darkness. Perhaps the first constellations were made during those nights? If so, we have no record of them.

Only 60,000 - 100,000 years ago, the first *Homo sapiens* fed on shell fish from tide pools on the south coast of Africa. The tides are tied to the Moon and change each day, both in time and size as the Moon goes through phases. There'd be a benefit to understanding these

patterns: those that did, got to feed themselves and their families; those that didn't got washed out to sea. Maybe this is where astronomy began?

But consider for a moment what is required to make these mental connections. The ocean tide is a direct physical effect; it gets you wet and reveals its food when it goes out. The Moon, by contrast, is so far away you can't touch it, hear it, or smell it. There's no reason these should be connected and what connection there is can only be revealed through observations over a long period of time, requiring memory, abstract pattern recognition, and a belief in an underlying order or connection.

The archaeologist, Steven Mithen refers to these skills as "cognitive fluidity": the ability to synthesize different forms of intelligence (the ability to build fires, tools, and weapons, along with the ability to interact in a group and structured society) and to combine these in ways that incorporate abstract ideas, myths, and long-term observations.¹³ Evidence for this fluidity appears about this time in the first examples of representational art and bone-artifacts where a physical thing has been created as a representation of something else.¹⁴ If this is the earliest time when science could arise, then it is not surprising that the first, most unambiguous evidence of human astronomical knowledge is more recent still.

Less than a mile from the Nile, in what once was ancient Nubia, is a complex of graves in which 58 bodies were found all buried on their left-side, head to the East, facing the rising Sun.¹⁵ The simple fact that they face the East means that between 10,000 and 12,000 years ago someone knew how to identify one of the four cardinal directions. These directions are defined by the sky. The East is where the Sun rises, West is where it sets. The line joining north to south is where the Sun is at its highest during the day, and at night (at least in the northern

hemisphere) the North is the direction around which all the stars turn. Here in the Nubian Desert is finally evidence of an astronomical knowledge and of its association with some abstract, intangible meaning.

When one first asks the question, "Why does the Sun rise in the East?" there are two paths to follow for an answer. One path leads to science, the other leads to religion. For most of human history these paths ran side by side and were often indistinguishable; the answer, "Because the gods make it so," covers a lot of phenomena and is difficult to refute. This is what we see in the stories of eclipses. Demons and deities eat the Sun and Moon and do so for reasons only known to them.

This is a tricky path to follow because any phenomenon we don't understand can always be blamed on the gods or God. Why does the Sun rise in the East and not fall from the sky? It's the work of the god Apollo and his gleaming chariot. Why do the Sun, Moon and stars all circle overhead? Because God has placed the Earth at the center of the Universe around which all things move. In recent years this reasoning has been extended to biological evolution by those who believe the process is too complex to have occurred without an Intelligent Designer.

This explanation is called the "God of the Gaps," a term first coined by Henry Drummond, a nineteenth-century Scottish evangelist. Over time, as we discover more about our world, the gaps in our knowledge grow smaller as does our need for miraculous intervention to explain what is seen. This is neither fair to science nor religion. For the religiousminded individual who looks for physical proof that God is at work in the cosmos, the duties of His job grow less consequential with every year. God gets demoted from being the Prime Mover of the heavenly firmament to merely twiddling the knobs on the values of a few physical

parameters. It's unfair to science because once a miracle is invoked (in essence to say what is unknown is unknowable), all further investigation stops. After the "Miracle Card" is played there is no reason to keep testing hypotheses.

So while the question "why" can be fraught with metaphysical traps, science also asks "how" - a question that has answers open to direct experimentation. How long is a day? How can I learn this from the changing position of the Sun in the sky? How do the locations of the Sun and the stars at night define direction and the passage of seasons?

For careful observers, the sky becomes a calendar easily used to predict the changing seasons upon which individual and complex society's survival (and ultimately civilization) depend. It is, perhaps, no coincidence that the first signs of agriculture are found at the roughly the same period in time as the Nubian graves.

This transition from a chaotic world of seemingly random changes to a predictable world of returning stars, rain and food, is embodied in the story of eclipses. Like the ancient Chinese astrologers who courted palace intrigue, or even Christopher Columbus saving his own skin, whoever could understand the motion of the heavens and thus predict an eclipse had the power to declare why they occurred and impart order on chaos. In a modern world where twice as many Americans believe there is some science to astrology than there are that accept evolution, we are still in thrall to the cycles and patterns of the sky.

My attention returns to the black Sun overhead. A single needle of light bursts forth into a second diamond ring even more beautiful than the first. The light has returned too quickly

...

and the Sun is once more too bright to behold. It is over and my first thought is, "When can I see another?"

That I chase eclipses where my ancestors feared them is not to say that they were foolish to fear the sky. Thanks to science, while we no longer blame demons and believe in omens, we do understand that ancient terrors like comet impacts and nearby supernova explosions could kill most life on Earth (and in some instances already have). And while eclipses themselves are without danger, how we react to them could be if we fail to take care of rudimentary eye-protection. Far more importantly, eclipses remind us of how dependent we, and all life on Earth, are upon the single star that is our Sun.

Over the last three millennia eclipses have made the transition from terrifying omen, to scientific tool, to benign tourist attraction. We will follow that story as shamans and astrologers divined their true pattern and perfected their prediction, to the philosophers and scientists who discovered their cause and used them to measure the world and explore the universe beyond. Eclipses on this world and others now reveal we are just one planet in an ever-growing family of planets throughout this galaxy in an ever-expanding universe. This is the story of science and ourselves, the path down which totality leads.

¹ Krupp, E. C., 1991, Beyond the Blue Horizon, pp. 158-162.

² Verdet, J-P, 1992, The Sky: Mystery, Magic, and Myth, (trans. Anthony Zielonka), Harry N. Abrams Inc., New York, pg. 73

³ Littman, M., Espenak, F., and Wilcox, K, 2009, Totality: Eclipses of the Sun, Oxford University Press, Oxford, pg. 40.

⁴ Krupp, E. C. 1991, pg. 162.

⁵ Meeus, J. 1997, Mathematical Astronomical Morsels, Willmann-Bell Pub., Richmond VA, pp. 88-92.

⁶ Masse, W. B. and Soklow, R., 2005, pg. 57.

⁷ Vaquero, J. M. & Malville, J. M., 2014, "On the Solar Petroglyph in the Chaco Canyon," Mediterranean Archaeology and Archaeometry, Vol. 14, No 3, pp. 189-196.

⁹ Keeler, W., 1988, "Sharp Rays: Javanese Responses to a Solar Eclipse", Indonesia, no 46, pg. 91.

¹⁰ Ibid. pg 91.

¹¹ Wang, P. K. and Siscoe, G. L., 1980, "Ancient Chinese Observations of Physical Phenomena Attending Solar Eclipses", Solar Physics, Vol. 66, pp190-191.

¹² Poole, D. C., 1881, "Among the Sioux of Dakota", D. Van Ostrand Pub., New York, pp. 76-77.

¹³ Robbins, L. H., 2000, "Astronomy and Prehistory", Astronomy Across Cultures, the History of Non-Western Astronomy, H. Selin (ed.), Kluwer Academic Pub., Great Britain, pg. 37.

¹⁴ Robbins, 2000, pg. 37.

¹⁵ Ibid.

⁸ Vaquero, J. M. & Malville, J. M., 2014, pg. 196.